
Patient Instruction: 24-Hour Urine Collection

What are patient instructions?

Patient instructions are written toward helping explain the proper way in collecting laboratory specimens. If followed correctly, you are ensuring your test results will be accurate and reliable. They are instructions to be followed before, during and after the collection process. This is a vital step in the outcome of your laboratory results.

Contacts:

If you have any questions before, during or after the collection, feel free to contact the following:

Nekoosa Clinic Laboratory
Monday-Friday; 8 a.m. to 5 p.m.
(715) 886-2140

Lakes Clinic Laboratory
Monday-Friday; 8:30 a.m. to 5 p.m.
(715) 325-8340

Wisconsin Rapids Clinic Lab Area
Monday-Friday; 8 a.m. to 5 p.m.
(715) 422-7767

Riverview Hospital - Main Laboratory
Monday-Friday; 7 a.m. to 7 p.m.
Saturday-Sunday; 8 a.m. to 3 p.m.
(715) 421-7433

Instructions:

* Return this with your specimen.

Your doctor has ordered a 24-hour urine collection.

- 1) Be sure to pick up the collection container(s) from the clinic or lab.
- 2) **Day 1:** Empty your bladder when you get up in the morning and discard this urine. At this point, collect urine into the container throughout the day and night.
- 3) **Day 2:** Make your final collection when you empty your bladder in the morning into the collection container.

* Name: _____

* Date of Birth: _____

* Record Start Date: _____

* Record Start Time: _____

* Record Finish Date: _____

* Record Finish Time: _____

Specimen Delivery:

Keep the specimen refrigerated during and after the collection. Drop off at the clinic or lab location as soon as possible as specified. Refer to the contact information for hours of operation.

Handwashing:

It is very important to ensure proper handwashing is achieved after the collection process. Wash hands for 3-5 minutes with soap and water, rinse thoroughly.

Other Information:

Avoid fecal contamination. Preservatives might be added to the container, so use caution. (Keep out of the reach of children.) If a creatinine clearance is needed, blood will need to be drawn when dropping off the container(s).

Identification:

Be sure the specimen container(s) is labeled with your name, date of birth, date(s) of collection, and time(s) of collection. A label has been provided on the collection container for this purpose.

Our Commitment

We are committed to help and assist you in every possible way. This is done by providing the most accurate and precise patient instructions. We hope your experience will be positive.

If you feel we can improve these instructions, please call or email the Clinic Laboratory Supervisor directly at any time. We value your input in making our services better.

Riverview Family Clinic
Laboratory Supervisor
(715) 886-2141

Email: hawmic@rhahealthcare.org

Lab Appointment Needed:

Please call ahead and schedule your lab appointment if you need lab work done or dropping off your specimen.

Nekoosa Clinic
(715) 886-2100

Lakes Clinic
(715) 325-8300

Wisconsin Rapids Clinic
(715) 421-7474

Thank You

Riverview Family Clinic

Nekoosa Clinic

Nekoosa Medical Center
1015 Angelus Drive
Nekoosa, WI 54457
715-886-2100

Lakes Clinic

Lakes Area Medical Center
1160 Rome Center Drive
Nekoosa, WI 54457
715-325-8300

Wisconsin Rapids Clinic

Riverview Medical Center
410 Dewey Street
Wisconsin Rapids, WI 54494
715-421-7474

Web Site:

www.riverviewclinic.net

24-Hour Urine Collection

Clinical Laboratory Patient Instructions

